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November 4, 2022

## MEDIA RELEASE

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When: Saturday, November 19, 2022 9:30a.m.-10:30a.m.

What: “Snug It Up” Home Weatherization & Heating Resources Workshop at Scarborough Public Library (Free)

### HIGH ENERGY BILLS GOT YOU THINKING ABOUT KEEPING WARM THIS WINTER?

If the high cost of energy has you thinking about upgrades to your home to save fuel and funds, or if you're wondering where to turn for heating assistance when your oil tank and bank balance both run low, you are not alone. Stop by a free Weatherization & Heating Resources workshop on **Saturday, November 19<sup>th</sup>** (9:30-10:30) at the Scarborough Public Library, 48 Gorham Road.

We frugal Yankees know, it doesn't have to cost a lot to keep warm. Draft stops are effective and easy-peasy to make, weatherizing tape and some plastic film can keep more of the heat in, cold out, and a “penny saved is a penny earned”. Investments now can save you more over the long term. And, a few small and inexpensive DIY changes right now can help keep your home snug and family warm this winter. Saving energy is good for our budgets and for our planet, too.

Scarborough Sustainability Committee, Scarborough Conservation Commission, Efficiency Maine and Project GRACE are teaming up with the Scarborough Public Library to host a free workshop before the cold settles in. You can find out about Efficiency Maine's low-cost loans for energy upgrades, new rebates on supplies to button up your home, tips to save energy, info on repairing or replacing heating systems, and more. Learn about the federal HEAP program for income-eligible Mainers, the Keep ME Warm Fund and other local fuel funds for neighbors struggling to pay winter heating bills. Get tips from our handyman with DIY demos and pick up a free sampling of weatherization supplies and energy-saving LED lightbulbs. Enjoy light refreshments, too.

“As prices rise and temperatures fall, many of our neighbors will be faced with some tough choices this winter: to eat or heat, pay an oil bill or fill up a prescription. Anyone who is worried about their winter heating bills can benefit from snuggling up drafts or learning about the help available.” said Steffi Cox, Project GRACE's executive director.

“Simple fixes and upgrades to reduce drafts and keep heat in our homes will help our wallets. They also have the added benefit of reducing carbon pollution. They're a win-win!” says Jami Fitch, Sustainability Coordinator, Town of Scarborough

“At the Library we are often consulted first when people seek resources on a topic. With regard to providing weatherization and heating resources, it makes sense to team up for an in-person workshop with the Town Sustainability Committee and Conservation Commission as well as our frequent collaborators Project GRACE and Efficiency Maine to focus on such an important topic. We will be sharing action steps residents can take, supplies they can use, and sources of help to consult now that winter will soon be here.” said Lucy Jackson



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Norvell, Scarborough Public Library Coordinator of Programming and Communications.

Event sponsors include: Biddeford Savings, Prouts Neck Association, Caterina MacLean Group/North Star Realty, AARP Foundation, Scarborough Library, Efficiency Maine and Project GRACE. More info and links at [scarboroughhelps.org](http://scarboroughhelps.org)

**WORRIED ABOUT HEAT THIS WINTER?**



**Is Your Home Drafty?**

**SNUG it UP**

**WEATHERIZATION & HEATING**

**RESOURCES WORKSHOP**

**info. demos. tips. freebies.**



**Nov. 19** Sat. Nov. 19 2022  
9:30 AM - 10:30 AM

at the Scarborough Public Library, Gorham Road

Scarborough Sustainability Committee. Scarborough Conservation Commission. Scarborough Public Library. Project GRACE.

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